**Peoria Unified School District** Elementar

Numbers to the right of calendar date indicate the 6-day rotation schedule. **Tuesday** Wednesday **Thursday Friday Monday** Pancake on a Stick Mini Donuts Breakfast Burrito Bagel & Cream Cheese Ham English Muffin Sandwich Cereal & Graham Cracker Cereal & Hard Boiled Egg Cereal & Elf Grahams Cereal & String Cheese Cereal & Goldfish Cracker Egg Salad Sandwich V Chicken Nuggets w/ Goldfish Grilled Cheese 10 BBQ Pork Rib Sandwich Personal Pan Pizza Fun Fish w/ Goldfish Nacho Bites 🛷 Pretzel Ham Melt Cobb Salad W/ Crunch Bar Beef Lasagna PB & J Pack\* 1 Garden Salad w/Roll 🛷 Burrito Enchilada Style 🛷 Oriental Chicken Bowl Chicken Caesar Salad **Special Apple Crisp** Crunchy Cucumber Orange Smiles Fresh Pears Plump Grapes Juicy Cantaloupe 🎇 100% Fruit Juice **Crisp Cucumbers** Kale Side Salad Romaine Side Salad **Curly Fries 5/**3 **Chilled Pears** Green Edamame **Chilled Peaches** X-Ray Vision Carrots Dark Broccoli 6/4 **7/**5 French Toast Sticks Egg Croissant Sandwich Muffin & String Cheese Cinnamon Roll No School Cereal & Elf Grahams Cereal & Goldfish Cereal & Hard Boiled Egg Cereal & String Cheese ·Columbus day Chicken Nuggets w/Muffin Popcorn Chicken Bowl w/ Roll Beans & Cheese w/scoops 10 Extra Cheesy Quesadilla 🛷 Early Relea Chicken Caesar Wrap Garden Salad w/Crunch Bar V Fresh Plums Yellow Bananas Super Kale Salad Zucchini Sticks Crunchy Bell Peppers **11/**6 **Mashed Potatoes 12/**<sub>1</sub> **14/**3 Board Meeting 5 p.m Pancake on a Stick Mini Donuts Breakfast Burrito Bagel & Cream Cheese Ham English Muffin Sandwich Cereal & Goldfish Cereal & Graham Crackers Cereal & Hard Boiled Egg Cereal & Elf Grahams Cereal & String Cheese Crazy Pizza Bites Shrimp Bites w/Corn Star French Bread Pizza 🛷 Beef Fingers w/Muffin **Beef Soft Tacos** 

Stuffed Breadsticks w/ Marinara 🛷 California Turkey Sandwich

Frozen Berries X-Ray Vision Carrots Romaine Side Salad 2 17/4

Chicken Nuggets w/Muffin Breakfast Lunch Box 🛷

**Sweet Pears** Crunchy Celery **Chilled Peaches** 

**18/**5

Bean & Cheese Burrito 1 **Build Your Own Taco Salad** 

Frozen Mangos Black Beans Side Salad

**19/**6

Mini Corn Dogs w/Corn Star Garden Salad w/Corn Star 1

**Bright Red Watermelon** Mixed Side Salad Cauliflower 🎥

**20/**<sub>1</sub>

Veggie Wrap 🛷

Kale Salad

Chicken Fajitas Oriental Chicken Salad w/Muffin

Potato Wedges Seasonal Apples 100% Fruit Juice

**21**/2

28/1

\*\*Late Start\*\* Cereal & Graham Crackers

Mini Cheeseburgers Beef Hot Dog Build A Pizza 🛷

**Orange Smiles** Ranch Style Beans Chilled Applesauce

**24/**3

French Toast Sticks Cereal & Hard Boiled Egg

Mac N' Cheese w/Roll 1 Chicken Nuggets w/Roll Chicken Caesar Salad w/Roll

Fresh Plums Kale Side Salad **Bell Peppers** 

**25/**4

Egg Croissant Sandwich Cereal & Elf Grahams

Sweet Southern Brunch Garden Salad w/Roll 🛷

**Bananas** X-Ray Carrots

**26/**5 Hash brown Patties

Muffin & String Cheese Cereal & String Cheese

Chicken Fettuccini Alfredo Chicken Tenders

Fresh Honeydew

Dark Broccoli

Cinnamon Roll Cereal & Goldfish

Stuffed Crust Cheese Pizza 🛷 Gordita Taco Spicy Popcorn Chicken Salad W/Muffin

Seasonal Apples Fruit Ice Cups

Crunchy Cucumbers

Pancake on a Stick Cereal & Graham Cracker

Egg Salad Sandwich 10 Nacho Bites 10 Oriental Chicken Bowl Pumpkin Sugar Cookie

Frozen Mangos **Crisp Cucumbers** Green Edamame

**31/**2

# Check Out Our Fruit & Veggie Bar:

We always have at least 7 different options daily for your students to choose from. Fruit & Veggie variety varies from fresh, frozen or canned. We do our best to support local farms and seasonal produce.



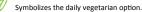
Symbolizes fresh fruit or vegetable that is locally grown in the state of Arizona.

#### **Elementary Breakfast Includes:**

Choice of Hot Entrée or Cereal Fruit and or 100% Fruit Juice, White, Strawberry or Chocolate Milk



\*PB&J is not served at peanut-free schools. Substitutions will be made. The Peoria Unified School District is an equal opportunity provider and employer. The National Clearing House Association requires the following nonsufficient funds disclaimer: if a child brings a check to school, the parent is giving authorization to electronically debit his/her account for the returned check plus fees if the check should be returned. For more information, contact CCM/Restaurant Fund. 1-888-423-8974.



### **Elementary Lunch Includes:**

Choice from 2 Hot & 1 Cold Entrée Fruit & Vegetable Bar (Minimum 5 choices) White, Strawberry or Chocolate Milk

Meal Price, \$2.50 Reduced Price, 40-cents Milk Carton, 35-cents





### **Peoria Unified School District**



# High School Menu 2016

Breakfast Prices

## Breakfast Meal Includes Entrée, Fruit & Milk

#### Breakfast Entrées Available Daily



- Student Meal \$1.75 Reduced Price Meal \$0.30 Adult Meal \$1.75
- \* Assorted Cereals & Granola Bars with choice of side item (String Cheese, Yogurt, Boiled Egg, or Graham Crackers)
- \* Breakfast Pizza, Bagel with Cream Cheese, Mini Donuts, Bread Slices, Pop-Tarts, Benefit Bars & Juice available daily

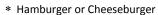
<b>Monday</b> Yogurt & Muffin		<b>Tuesday</b> Fruit & Yogurt Parfait		<b>Wednesday</b> Super Bun		<b>Thursday</b> Fruit & Yogurt Parfait		<b>Friday</b> Glazed Breakfast Bar	
3	French Toast Sticks	4	SEC Biscuit Breakfast Sandwich	5	Fresh Baked Cinnamon Roll	6	Ham, Egg, & Cheese Pretzel Sandwich	7	Green Chili Egg & Cheese Burrito
10	Columbus Day No School	11	BEC Croissant Breakfast Sandwich	12	Breakfast Platter	13	SEC English Muffin Breakfast Sandwich	14	Bacon, Egg, & Cheese Burrito
17	French Toast Sticks	18	SEC Biscuit Breakfast Sandwich	19	Biscuits & Sausage Gravy	20	Ham, Egg, & Cheese Pretzel Sandwich	21	Green Chili Egg & Cheese Burrito
24	Cinnamon Swirl Bun	25	BEC Croissant Breakfast Sandwich	26	Breakfast Bowl	27	SEC English Muffin Breakfast Sandwich	28	Bacon, Egg, & Cheese Burrito
31	French Toast Sticks	1	SEC Biscuit Breakfast Sandwich	2	Fresh Baked Cinnamon Roll	3	Ham, Egg, & Cheese Pretzel Sandwich	4	Green Chili Egg & Cheese Burrito

# Lunch Meal Includes Entrée, Fruit, Vegetable & Beverage

#### Lunch Entrées Available Daily

- \* Garden Salad
- \* Bean & Cheese Burrito
- \* Spicy Chicken Sandwich
- \* Pizza

- \* PB&J Sandwich
- \* Chicken Nuggets or Tenders



#### **Beverages**

Flavored & White Skim Milk 1% White Milk **Bottled Water Assorted Fountain Drinks Sides** 

Fresh Fruit & Vegetable Bar Hot Vegetables (Varies Daily)

#### **Lunch Prices**

Student Meal \$2.75 Reduced Price Meal \$0.40 Adult Lunch \$3.75



#### Lunch Entrée Specials for October

			-	***
Monday Chef Salad Southwest Chicken Salad Yogurt, Granola, & Cheese Ham Sandwich Mediterranean Veggie Wrap Grilled Chicken Sandwich	Tuesday Cobb Salad Spinach Berry Chicken Salad Cottage Cheese, Fruit, & Bread Slice Chicken Caesar Wrap Turkey Bacon Wrap Mini Corndogs Chicken Patty Sandwich	Wednesday Chef Salad Popcorn Chicken Salad Crunch Bar, Egg, & Cheese Egg Salad Sandwich Veggie Wrap Grilled Chicken Sandwich	Thursday Cobb Salad Spinach Berry Chicken Salad Cottage Cheese, Fruit, & Bread Slice Tuna Salad Sandwich Buffalo Chicken Wrap Mini Corndogs Chicken Patty Sandwich	Friday Chef Salad Popcorn Chicken Salad Crunch Bar, Egg, & Cheese California Turkey Sandwich Mediterranean Veggie Wrap Grilled Chicken Sandwich
Cheese Quesadilla Sichuan Chicken Bowl	Beefy Mac & Bread Beef Walking Taco & Rice	Cheesy Fajita Sub Chicken Taco Salad	Popcorn Chicken Mashed Potato Bowl	Philly Cheesesteak Clux Delux Sandwich
Columbus Day No School	Red Beef Enchiladas Spaghetti & Meatballs	Beef Super Nachos Chicken Bacon Ranch Fries & Muffin	Popcorn Chicken Mashed Potato Bowl	Clux Delux Sandwich BBQ Pork Riblet Sandwich
Beef Soft Tacos Orange Chicken Bowl	Chicken Fajitas Cheese Raviolis & Breadstick	Churro Day Beef Taco Salad Baked Potato & Muffin	Popcorn Chicken Mashed Potato Bowl	Western Bacon Cheeseburger Clux Delux Sandwich
Beef & Broccoli Bowl Enchilada-Style Burrito	Chicken Quesadilla Chicken Fettuccine Alfredo	Meatball Sub Beef Super Nachos	Popcorn Chicken Mashed Potato Bowl	Ham Pretzel Melt Clux Delux Sandwich
Pumpkin Sugar Cookie Cheese Quesadilla Sweet Chili Thai Bowl	Beefy Mac & Bread Beef Walking Taco & Rice	Chicken Taco Salad Chili w/ Cornbread & Elf Grahams	Popcorn Chicken Mashed Potato Bowl	Clux Delux Sandwich Chicken Parm Sandwich



