

# Peoria Unified School District Elementary

## Breakfast & Lunch Menu

# October 2016

Numbers to the right of calendar date indicate the 6-day rotation schedule.

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake on a Stick Cereal & Graham Cracker  Egg Salad Sandwich ♻️ Nacho Bites ♻️ Oriental Chicken Bowl  Orange Smiles Crisp Cucumbers Green Edamame <b>3/1</b>	Mini Donuts Cereal & Hard Boiled Egg  Chicken Nuggets w/ Goldfish Fun Fish w/ Goldfish PB & J Pack* ♻️  Fresh Pears Kale Side Salad 🍎 Chilled Peaches <b>4/2</b>	Breakfast Burrito Cereal & Elf Grahams  Grilled Cheese ♻️ Beef Lasagna Chicken Caesar Salad  Plump Grapes Romaine Side Salad 🍎 X-Ray Vision Carrots <b>5/3</b>	Bagel & Cream Cheese Cereal & String Cheese  BBQ Pork Rib Sandwich Pretzel Ham Melt Garden Salad w/Roll ♻️  Juicy Cantaloupe 🍈 Curly Fries Dark Broccoli 🍆 <b>6/4</b>	Ham English Muffin Sandwich Cereal & Goldfish Cracker  Personal Pan Pizza Cobb Salad w/ Crunch Bar Burrito Enchilada Style ♻️  Special Apple Crisp Crunchy Cucumber 100% Fruit Juice Chilled Pears <b>7/5</b>
No School <b>Columbus day</b>   <b>10</b>	French Toast Sticks Cereal & Hard Boiled Egg  Chicken Nuggets w/Muffin Beans & Cheese w/Scoops ♻️ Chicken Caesar Wrap  Fresh Plums Super Kale Salad 🍆 Crunchy Bell Peppers <b>11/6</b>	Egg Croissant Sandwich Cereal & Elf Grahams  Popcorn Chicken Bowl w/ Roll Extra Cheesy Quesadilla ♻️ Garden Salad w/Crunch Bar ♻️  Yellow Bananas Zucchini Sticks Mashed Potatoes <b>12/1</b>	 <b>Early Release</b>  Board Meeting 5 p.m. <b>13/2</b>	
Pancake on a Stick Cereal & Graham Crackers  Crazy Pizza Bites Stuffed Breadsticks w/ Marinara ♻️ California Turkey Sandwich  Frozen Berries X-Ray Vision Carrots Romaine Side Salad 🍆 <b>17/4</b>	Mini Donuts Cereal & Hard Boiled Egg  Beef Fingers w/Muffin Chicken Nuggets w/Muffin Breakfast Lunch Box ♻️  Sweet Pears Crunchy Celery 🍆 Chilled Peaches <b>18/5</b>	Breakfast Burrito Cereal & Elf Grahams  Beef Soft Tacos Bean & Cheese Burrito ♻️ Build Your Own Taco Salad  Frozen Mangos Black Beans Side Salad <b>19/6</b>	Bagel & Cream Cheese Cereal & String Cheese  Shrimp Bites w/Corn Star Mini Corn Dogs w/Corn Star Garden Salad w/Corn Star ♻️  Bright Red Watermelon Mixed Side Salad 🍆 Cauliflower 🍆 <b>20/1</b>	Ham English Muffin Sandwich Cereal & Goldfish  French Bread Pizza ♻️ Chicken Fajitas Oriental Chicken Salad w/Muffin  Potato Wedges Seasonal Apples 100% Fruit Juice <b>21/2</b>
**Late Start** Cereal & Graham Crackers  Mini Cheeseburgers Beef Hot Dog Build A Pizza ♻️  Orange Smiles Ranch Style Beans Chilled Applesauce <b>24/3</b>	French Toast Sticks Cereal & Hard Boiled Egg  Mac N' Cheese w/Roll ♻️ Chicken Nuggets w/Roll Chicken Caesar Salad w/Roll  Fresh Plums Kale Side Salad 🍆 Bell Peppers <b>25/4</b>	Egg Croissant Sandwich Cereal & Elf Grahams  Corn Dog Sweet Southern Brunch Garden Salad w/Roll ♻️  Bananas X-Ray Carrots Hash brown Patties <b>26/5</b>	Muffin & String Cheese Cereal & String Cheese  Chicken Fettuccini Alfredo Chicken Tenders Veggie Wrap ♻️  Fresh Honeydew 🍈 Kale Salad 🍆 Dark Broccoli 🍆 <b>27/6</b> Board Meeting 5 p.m.	Cinnamon Roll Cereal & Goldfish  Stuffed Crust Cheese Pizza ♻️ Gordita Taco Spicy Popcorn Chicken Salad w/Muffin  Seasonal Apples Fruit Ice Cups Crunchy Cucumbers <b>28/1</b>
Pancake on a Stick Cereal & Graham Cracker  Egg Salad Sandwich ♻️ Nacho Bites ♻️ Oriental Chicken Bowl Pumpkin Sugar Cookie Frozen Mangos Crisp Cucumbers Green Edamame <b>31/2</b>	<h2>Check Out Our Fruit &amp; Veggie Bar:</h2> <p>We always have at least 7 different options daily for your students to choose from. Fruit &amp; Veggie variety varies from fresh, frozen or canned. We do our best to support local farms and seasonal produce.</p>  <p>Symbolizes fresh fruit or vegetable that is locally grown in the state of Arizona.</p>			

### Elementary Breakfast Includes:

Choice of Hot Entrée or Cereal  
Fruit and or 100% Fruit Juice, White,  
Strawberry or Chocolate Milk

Meal Price, \$1.50  
Reduced Price, 30-cents  
Milk Carton, 35-cents



\*PB&J is not served at peanut-free schools. Substitutions will be made. The Peoria Unified School District is an equal opportunity provider and employer. The National Clearing House Association requires the following nonsufficient funds disclaimer: if a child brings a check to school, the parent is giving authorization to electronically debit his/her account for the returned check plus fees if the check should be returned. For more information, contact CCM/Restaurant Fund. 1-888-423-8974.

♻️ Symbolizes the daily vegetarian option.

### Elementary Lunch Includes:

Choice from 2 Hot & 1 Cold Entrée  
Fruit & Vegetable Bar (Minimum 5 choices)  
White, Strawberry or Chocolate Milk

Meal Price, \$2.50  
Reduced Price, 40-cents  
Milk Carton, 35-cents



## Breakfast Meal Includes Entrée, Fruit & Milk

### Breakfast Entrées Available Daily

- \* Assorted Cereals & Granola Bars with choice of side item (String Cheese, Yogurt, Boiled Egg, or Graham Crackers)
- \* Breakfast Pizza, Bagel with Cream Cheese, Mini Donuts, Bread Slices, Pop-Tarts, Benefit Bars & Juice available daily



### Breakfast Prices

Student Meal \$1.75  
 Reduced Price Meal \$0.30  
 Adult Meal \$1.75

Monday Yogurt & Muffin	Tuesday Fruit & Yogurt Parfait	Wednesday Super Bun	Thursday Fruit & Yogurt Parfait	Friday Glazed Breakfast Bar
3 French Toast Sticks	4 SEC Biscuit Breakfast Sandwich	5 Fresh Baked Cinnamon Roll	6 Ham, Egg, & Cheese Pretzel Sandwich	7 Green Chili Egg & Cheese Burrito
10 <b>Columbus Day No School</b>	11 BEC Croissant Breakfast Sandwich	12 Breakfast Platter	13 SEC English Muffin Breakfast Sandwich	14 Bacon, Egg, & Cheese Burrito
17 French Toast Sticks	18 SEC Biscuit Breakfast Sandwich	19 Biscuits & Sausage Gravy	20 Ham, Egg, & Cheese Pretzel Sandwich	21 Green Chili Egg & Cheese Burrito
24 Cinnamon Swirl Bun	25 BEC Croissant Breakfast Sandwich	26 Breakfast Bowl	27 SEC English Muffin Breakfast Sandwich	28 Bacon, Egg, & Cheese Burrito
31 French Toast Sticks	1 SEC Biscuit Breakfast Sandwich	2 Fresh Baked Cinnamon Roll	3 Ham, Egg, & Cheese Pretzel Sandwich	4 Green Chili Egg & Cheese Burrito

## Lunch Meal Includes Entrée, Fruit, Vegetable & Beverage

### Lunch Entrées Available Daily

- \* Garden Salad
- \* Bean & Cheese Burrito
- \* Spicy Chicken Sandwich
- \* Pizza
- \* PB&J Sandwich
- \* Chicken Nuggets or Tenders
- \* Hamburger or Cheeseburger



### Beverages

Flavored & White Skim Milk  
 1% White Milk  
 Bottled Water  
 Assorted Fountain Drinks

### Sides

Fresh Fruit & Vegetable Bar  
 Hot Vegetables (Varies Daily)

### Lunch Prices

Student Meal \$2.75  
 Reduced Price Meal \$0.40  
 Adult Lunch \$3.75



### Lunch Entrée Specials for October

Monday Chef Salad	Tuesday Cobb Salad	Wednesday Chef Salad	Thursday Cobb Salad	Friday Chef Salad
Southwest Chicken Salad Yogurt, Granola, & Cheese Ham Sandwich Mediterranean Veggie Wrap Grilled Chicken Sandwich	Spinach Berry Chicken Salad Cottage Cheese, Fruit, & Bread Slice Chicken Caesar Wrap Turkey Bacon Wrap Mini Corndogs Chicken Patty Sandwich	Popcorn Chicken Salad Crunch Bar, Egg, & Cheese Egg Salad Sandwich Veggie Wrap Grilled Chicken Sandwich	Spinach Berry Chicken Salad Cottage Cheese, Fruit, & Bread Slice Tuna Salad Sandwich Buffalo Chicken Wrap Mini Corndogs Chicken Patty Sandwich	Popcorn Chicken Salad Crunch Bar, Egg, & Cheese California Turkey Sandwich Mediterranean Veggie Wrap Grilled Chicken Sandwich
3 Cheese Quesadilla Sichuan Chicken Bowl	4 Beefy Mac & Bread Beef Walking Taco & Rice	5 Cheesy Fajita Sub Chicken Taco Salad	6 Popcorn Chicken Mashed Potato Bowl	7 Philly Cheesesteak Clux Delux Sandwich
10 <b>Columbus Day No School</b>	11 Red Beef Enchiladas Spaghetti & Meatballs	12 Beef Super Nachos Chicken Bacon Ranch Fries & Muffin	13 Popcorn Chicken Mashed Potato Bowl	14 Clux Delux Sandwich BBQ Pork Riblet Sandwich
17 Beef Soft Tacos Orange Chicken Bowl	18 Chicken Fajitas Cheese Raviolis & Breadstick	19 <b>Churro Day</b> Beef Taco Salad Baked Potato & Muffin	20 Popcorn Chicken Mashed Potato Bowl	21 Western Bacon Cheeseburger Clux Delux Sandwich
24 Beef & Broccoli Bowl Enchilada-Style Burrito	25 Chicken Quesadilla Chicken Fettuccine Alfredo	26 Meatball Sub Beef Super Nachos	27 Popcorn Chicken Mashed Potato Bowl	28 Ham Pretzel Melt Clux Delux Sandwich
31 <b>Pumpkin Sugar Cookie</b> Cheese Quesadilla Sweet Chili Thai Bowl	1 Beefy Mac & Bread Beef Walking Taco & Rice	2 Chicken Taco Salad Chili w/ Cornbread & Elf Grahams	3 Popcorn Chicken Mashed Potato Bowl	4 Clux Delux Sandwich Chicken Parm Sandwich

Menu items are subject to change without notification. If the first choice is not available, an alternate will be served.  
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